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WEEKEND MASS TIMES IN CLUSTER DURING JULY AND AUGUST

	Sat	Sun
Convent		9.00 am
Yellow Walls	6.00 pm	11.30 am
Kinsealy		11.00 am
Malahide		10.00 am
		11.15 am
		12.30 pm
Portmarnock	6.30 pm	9.30 am
		11.00 am

There is no Evening Mass in the cluster during July and August

750 Club Grand Final Draw 2016/17 €10,000 Winner!



Jim Ryan, Martello Court

Winner of 1st Prize of €10,000 being presented with his cheque by Bridie Hession (on the left - seller of ticket), together with his wife Mary and on the right committee member Sarah Scott



2nd Prize €3,000

Winners:
Mary & Hugh McCabe
Portmarnock Walk
pictured with, on the left,
committee member Pat Shanahan



3rd Prize €2,000

Winner:
Padraig Ó Mórdha, Dal Riada
Pictured with committee member
Kathleen McMackin

MEMBERSHIP OF 750 CLUB

Draw each month for prizes:

1st prize €1,000 2nd prize €500
3rd/4th prizes of €250 each

with the Grand Draw for the month of June with prizes as shown above

Contact the Parish Office at 846 1561 and it can be arranged for a member of the committee to sign you up.

Tickets are limited so don't delay!



We offer the sympathy of all parishioners to the families of

Martin Foley, Blackberry Rise
Margaret Donnelly, Parkview
Denise Redmond, Seagrang, Baldoyle
George McCreesh, Wheatfield Road
Sheila Taaffe, St. Anne's Square
Nell Cullen, formerly St. Anne's Square
Jimmy Mannix, Carrickhill Drive
Mary Martin, formerly Strandmill Road
Hugh O'Reilly, Elnor Court
Stephen Monahan, Carrickhill Heights
Ellen O'Reilly, St. Marnock's Avenue
Aidan Granaghan, formerly Elnor Court
Fr. Jack Lynch, former Parish Chaplain, Portmarnock
Brendan Mooney, St. Anne's Square
who died recently

GEORGE MCCREESH, R.I.P.

We remember especially our long serving colleague, George, who has worked in the parish as sacristan for many years. His loyalty, cooperation and good humour was always greatly appreciated.

We extend our heartfelt sympathy to Tara, Kelly, Jazz and Mikey, his sisters, Rosaleen, Deirdre, Margaret and his extended family

The Priests and Staff of the Parish

ACKNOWLEDGEMENT



JOAN TRACEY MULLINS
Carrickhill Drive
Died June 13th 2016

Amanda, Derek, Elaine and Trevor would like to thank most sincerely our neighbours, friends and community here in Portmarnock for all of your kindness and support following the loss of our dear beloved Mam, Joan.

Our heartfelt thanks to all who attended the wake and the funeral Mass, called to the house, sent cards and offered such kind words of sympathy. We are so very grateful to everyone but would like to especially thank Fr. Gary for such a lovely funeral Mass; Tony and Jennifer for the beautiful music, Ned and all of the parish team at St. Anne's for their help and support.

Thank you to Richard and all at Staffords Funeral Home for their care and attention to every detail. Thank you to Dr. Anne Flanagan and all at Portmarnock Family Practice, to Tadhg and all at Cleary's Pharmacy and the staff at Howth Hill Lodge for looking after Mam so well over the years.

The Holy Sacrifice of the Mass will be offered for your intentions.

Ar dheis Dé to raiby a hanam dílis



PARISH COUNSELLING SERVICE

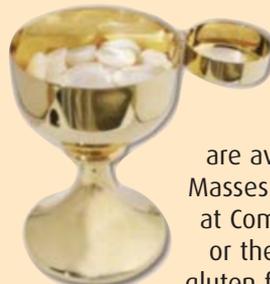
in the Parish Centre. Payment negotiated.
By appt only. Phone Mary Ryan 0872709767.

Bethany Bereavement Support Group

The Bethany Bereavement Support Group offers support to bereaved people by listening to them. Many Bethany members have themselves been bereaved.

We are trained to listen with understanding and are here to support anyone dealing with the very painful experience of grief.

For further information please contact Parish Office: 846 1561



GLUTEN FREE HOSTS

are available in St. Anne's Church at all Masses. You can approach the centre aisle at Communion time and either the priest or the Eucharistic Minister will have the gluten free hosts in a special separate pyx. (see picture above).

If you require the gluten free host please take one directly from the pyx yourself.

If you can only receive from the chalice please approach the altar with the Ministers of the Eucharist.

HARD OF HEARING?

If you use a Hearing Aid you can avail of the "Loop" anywhere in St. Anne's church. All you need to do is adjust your Hearing Aid settings according to your manufacturer's instructions



PILGRIMAGE SEASON 2017

*Come home to the love of God's family
On Lough Derg*

ONE DAY RETREATS

(Booking essential)

AUGUST

Sun 20th, Mon 21st, Tues 22nd, Wed 23rd, Sat 26th,
Sun 27th, Mon 28th, Tues 29th

SEPTEMBER

Sat 2nd, Sun 3rd, Tues 5th, Wed 6th, Sat 9th, Mon 11th,
Tues 12th, Sat 16th, Sun 17th, Sat 23rd, Sun 24th

Pilgrims keep footwear on. No fasting.

A guided day of prayer and reflection. Refreshments on arrival and a light lunch are served. Admission €40, concessions for groups.

THREE DAY PILGRIMAGES

You can begin your 3 day pilgrimage on any day up to Sunday 13th August 2017. (the season ends 15th August)

Admission €70 concessions available for students, seniors and groups.

Detailed information from the Lough Derg office,

071 986 1518 www.loughderg.org

THE BURROW SINGERS AND MUSICIANS



The Burrow Singers and Musicians (pictured above) who sang at a Mass in Carlingford recently. We thank Kim for organising a beautiful day.

We are taking our Summer Break (from the 12.00 noon Mass in St. Anne's). We wish everybody a lovely and safe summer. See you all in September D.V. and Thank You

Maura Hughes

EUREKA!!

I read with great interest the article on wildflowers written in the May/June Progress Newsletter by a member of The Portmarnock Community Association who wondered if anyone got the **"bug to explore the unique flora in Portmarnock"**.**EUREKA!!**

I have identified and classified almost 200 wild flowers growing in Portmarnock in the different diverse habitats—**Dunes; Saltmarsh; Hedgerows; Grasslands and Coastal/Grasslands.**

I have filled 4 volumes with specimens, photographs, drawings and information where each flower was found. It took a year to complete in order to cover each month.

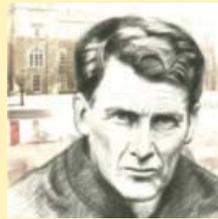
I thoroughly enjoyed doing this project. I was delighted to read but not surprised that the BSBL (Botanical Society of Britain and Ireland), visited Portmarnock on a field trip.



The picture above shows some of the 200 pages from the volumes!!

I also have a volume of all the seashells on Velvet Strand (the largest number in the world!!)

Maura Hughes 087 126 2941



Beatification of Blessed John Sullivan

(friend of the Sick and the Poor)

Saturday May 13th 2017 was a wonderful day in the Irish Catholic Church. Cardinal Angelo Amato in the name of Pope Francis solemnly

beatified Blessed John Sullivan in St. Francis Xavier Church, Gardiner Street in conjunction with Archbishop Diarmuid Martin. This was the first time that a Beatification took place in Ireland. It was a great day for his family and all the people and congregation who have prayed for this day to witness such a solemn occasion.

Who is Blessed John Sullivan?

John Sullivan was born and lived in 41 Eccles Street, Dublin on 8th May 1861. His father, the future Lord Chancellor of Ireland, Sir Edward Sullivan, was of the Church of Ireland tradition. His mother Lady Bessie Josephine Sullivan was Roman Catholic. John was brought up in the Christian tradition of his father, enjoying the benefits of a home which radiated warm affection, high culture and sound scholarship.

After finishing at the eminent Protestant Protora Royal School, Enniskillen, he went to Trinity College where he distinguished himself in his University studies. Having gained a Senior Moderatorship in Classics, John began to study law. Sadly his father, the then Lord Chancellor of Ireland, died suddenly, the shock of which had a devastating effect on John.

John left Ireland and continued his studies at Lincoln's Inn, London where he was called to the bar in 1888. Due to his inheritance, he was financially very well off and travelled extensively around Europe. He considered joining the Monks at the Orthodox monastery of Mount Athos in Greece but his request was refused.

In December 1896 he made a momentous decision. He was received into the Roman Catholic Church at the Jesuit Church, Farm Street, London. From this time onwards his way of life changed dramatically. He lived very simply. He became a regular visitor to Dublin hospitals and convents where he became very popular with the patients showing great sympathy and generosity.

In September 1900 John Sullivan joined the Society of Jesus (SJ). He studied theology in Milltown Park and was ordained priest on July 28th 1907. He spent the greater part of his life as a priest in Clongowes Wood College. Fr. John's reputation for holiness spread rapidly. Many who were in need of spiritual or physical healing flocked to him and asked for his prayers—and strange things happened. The power of God seemed to work through him and many were cured.

Fr. John died in the old Vincent's Nursing Home in Leeson Street on 19th February 1933. He was buried at the time in Clongowes Wood. His remains were exhumed on 27th September 1960 and received in St. Francis Xavier Church, Gardiner Street, where they remain in repose ever since.

May 8th has been declared his Special day. A Mass of Remembrance is held in St. Francis Xavier's Church at 1pm on the 3rd Saturday of each month followed by blessing with Blessed John's own personal cross. We must continue the cause at this time to pray for/to Blessed John Sullivan that some day he will become a Saint.

There is a book available on the life of Blessed John Sullivan called "A Man sent by God" written by John Looby SJ.

Ethna O'Sullivan

Stop Sickness in its tracks this Summer!!

Surprisingly, there are a number of diseases, conditions and ailments that are more likely to bother you in summer than during the winter months. We normally associate illness with winter, mainly because it's the time of year we tend to get colds and the flu. However, there is no shortage of ailments and conditions that make life unpleasant and spoil our fun during the summer months, many of which can easily be prevented.

Heat rash is a red or pink rash usually found on clothed areas of the body in hot humid conditions. It is most common in children, develops when sweat ducts become blocked and swell up, looking like dots or tiny pimples on the skin and can cause discomfort and itching. Heat rash usually heals on its own in a matter of days and doesn't require medical attention. Treatment includes cooling the skin with a cold shower/air conditioning, antihistamines and in some cases topical or even oral steroids.

Water-borne illnesses such as bacterial and viral infections can occur as a result of taking part in recreational water activities. Natural bodies of water like rivers and lakes, pools and hot tubs can also be sources of gastrointestinal problems; skin, ear and eye infections; and respiratory, neurological and viral problems. The safest places to swim are pools that are regularly checked for their chlorine levels.

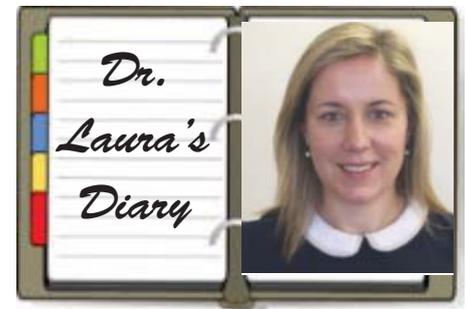
Hayfever and summer colds can really leave you miserable during the summer months. Hay fever is caused by an allergy to pollen and common symptoms are a runny, itchy and/or blocked nose, sneezing and itchy eyes. Treatments include an antihistamine nasal spray or medicine (e.g Zirtek/Piriton) and/or a steroid nasal spray (e.g. Flixonase/Avamys). Summer colds caused by enterovirus can lead to fever, headache, sore throat, and sometimes mouth sores or a rash. Treatment is as for winter – rest, fluids, paracetamol and time!

Headache sufferers consider summer to be the worst time of year for headaches. As the temperature goes up, so does your risk for getting a headache. One theory is that the heat makes blood vessels in your head expand, causing them to press against nerve endings. Dehydration and strenuous exercise in hot weather can also lead to headaches. An over-the-counter painkiller will usually alleviate headaches caused by heat exposure and exercise, and drinking enough water should take care of a dehydration headache.

Heat stroke – thankfully rare in Ireland - results from prolonged exposure to high temperatures. It can happen when children are left in hot cars during summer and we are all too aware of the heart-breaking and tragic case that occurred in Tipperary in May 2017, on the hottest day of the year so far. Heatstroke is a condition where the body's cooling mechanisms are overcome by heat, resulting in a core heat of over 40°C. Heat stroke is preceded by signs of heat exhaustion like headaches, dizziness and weakness, and results in unconsciousness, organ failure and eventually death. Persons with hyperthermia need to be hospitalised in order to be tested for complications like muscle breakdown, which can damage the kidneys.

Sunburn, caused by ultraviolet (UV) rays from the sun that damage your skin cells, can lead to long-term skin damage and even skin cancer, including basal cell carcinoma (most common type), squamous cell carcinoma and melanoma. The best and simplest way to avoid sunburn is to stay out of the sun. Other ways to be sun-safe is to stay out of the midday sun, stay in the shade, use a good sunscreen and wear a hat and protective clothing.

So take simple, preventative measures today to ensure you and your family make the most of the short and hopefully sunny Irish summer!!



Dr. Laura's Diary is a new monthly column in Progress by which I would like to inform readers about acute and chronic medical conditions and promote health and wellbeing for all Portmarnock Residents. If you have any questions, queries or comments, please email me at lauoflynn@rcsi.ie.

Dr. Laura



The first week in August hosts **Breastfeeding Awareness Week.**

Ireland has by far the lowest percentage of mothers who have breast-fed out of 27 high-income countries, at 55%.

Due to historically low breastfeeding rates from the mid 1960s, most new mothers in Ireland do not have the support network for breastfeeding that women in other countries have, family; mums, mothers-in-law, sisters and aunts.

Research also shows that new mums feel wholly unsupported to breastfeed in hospital due to our overwhelmed maternity services and many don't feel comfortable breastfeeding their child in public.

Our Public Health Nurses Kim and Clare run the Breastfeeding group in the Parish Centre every Thursday morning – ALL mums and newborns are welcome – breast or bottle fed – and it's a great way to meet new mums and gain great feeding/weaning/general advice.

KIDS CORNER

Due to recent demand for Varivax (chickenpox vaccine), there is now a shortage of this, with GPs only being allowed to order four vaccines per month by the vaccine manufacturer.



Watch this post for more information if and when the vaccine becomes more readily available!!



Producing breast milk consumes 25% of the body's energy; the brain only uses 20% in comparison – an interesting fact for all the men out there!!!



Portmarnock Pitch & Putt Club

Are you feeling a little peeved at having to pay exorbitant annual fees to your Golf Club? Then having to book your 4 ball a week or two earlier and then travel some distance to Tee it up? And wonder if you have enough cash to top-up your Bar Account!!

Phew, the list just goes on and on!

Maybe you would be better off to focus on your short game skills and join **Portmarnock Pitch & Putt Club**. Our Links style course is playable all year round and the Greens are the best in the country.

Our Annual Fees are very favourable when compared to Golf Clubs:

Ladies/Gents €115 **Over 65s** €80 **Students** €80 **Juveniles** €25

And you don't need to book a Tee Time on-line and you don't need to have a Bar Account either!

New Members are always very welcome at Portmarnock Pitch & Putt Club. So why not call into our Clubhouse any Saturday 12 – 2pm or Sunday 10 – 1pm

Contact: Mob: 089 445 8313 Email: portmarnockpitchandputtclub@gmail.com

We are located at the top of Magnolia Lane behind St Anne's Church in the village centre.

Diary Dates

	DATE	DETAILS	Page
JULY	Fri 21	3 Hour Vigil	16
	Fri 28	St. Pio Devotions, St. Anne's Church 7.00 pm Concert in Naomh Mearnóg	13
SEPT	Tues 12		
	Mon 18	Adult Education Registration	12
	Tues 19		



Naomh Mearnóg GAA Club

Govan Jolliffe-Byrne Memorial Tournament - Thank you to all who helped run our annual Govan Jolliffe-Byrne under 13 football tournament on Saturday June 3rd. We had 16 teams from the 4 provinces (see picture of the parade) taking part in the competition and pitching tents later on to sleep out under the stars. It was a huge success. Congratulations to Claregalway who won the Shield competition and to our neighbours St. Pats Donabate who won the Cup competition. Well done to our own team who topped their group winning all 3 games but were beaten in the semi-final by the eventual winners. A more detailed report will appear on our website.

Support Your Club Bar - The big games in the All Ireland championship have started and we invite all members and friends to come along to the Club and watch them on our big screens.

Club Lotto - Our Club Lotto Season has recommenced and we would like to thank Eileen Bernard and her team for all their hard work in raising much needed funds for the continued development of the Club. Members are requested to continue supporting the Club Lotto as it is a vital facet of Club funding. You can now **Play online** at <http://naomhmearnog.ie> or in the Club Bar.



ST. ANNE'S CHURCH CAR PARK



We appeal to everyone to keep the area shown above completely clear at all times

- Cars parked in this area are causing severe delays to people exiting the car park especially on Saturday Evenings/Sunday Mornings.
- The path on the right hand side (along the school wall) has been specially constructed to enable wheelchairs to proceed safely from the Arch Club to the pathway at the front of the church. If cars are parked in the 'no parking' area it's putting wheelchair users in danger.

PORTMARNOCK COMMUNITY ASSOCIATION

WILDFLOWERS

I am moving away from the hedgerows this month and concentrating on grassland. We are seeing the development of grazing areas, laying up areas and cover for wildbirds and animals developing on both sides



of the road as one travels from Portmarnock to Baldoyle. On the left is the new area recently cleared and sown with grass by Fingal County Council. While I may not have agreed with the strategy at the time (because it removed cover for buzzards and owls) it is now done and we move on. The aim is to provide grazing areas for the Brent Geese during the Autumn and Winter. This is timely as the amount of nutrients for the birds in the area opposite the Texaco Garage is now beginning to diminish.

What is most interesting is the development of the wildflower grassland on the right hand side of the road. This forms part of the St. Marnock's Bay housing development You will have noticed splashes of colour in this area as Red Clover began to flower. This was followed by Red Campion which is practically finished flowering as I write. At present the area is covered in large white flowers which is Oxeye Daisy (pictured here). The colours are spectacular but the most important benefits are long term. This area which appears to be c. 30 acres in area will be alive with wildlife for future generations. While I was walking in the area two weeks ago I could hear Skylarks singing as they hovered 40 – 50 metres above my head. The wildflowers have been sown with what appears to be very vigorous agricultural perennial ryegrass. This grass has excellent feed value for all grazers whether they are cattle, sheep or wildbirds.

The human beneficiaries of this development will be the cyclists as the cycleway will be located in this area. Not that the cyclists don't deserve it - they have only been waiting 40 years for the cycleway !!

TIDY TOWNS

Volunteers have been busy since mid May preparing for the planting of summer flowers (pictured here are 2 of the regular volunteers Mary Suttle and Martin



O'Flaherty). Ardilaun is in excellent condition this year. It is well worthwhile taking a walk in off Carrickhill Rd. to see the gardening skills in this area. It should act as an example to the rest of us. The new bed opposite the Community School was planted up in early June and should be looking

well now. The large plants are Salvia (Sage) with herbaceous Geranium and Rudbeckia (yellow flowers) planted in the rest of the bed.

We are very grateful to Fingal County Council for supplying the plants for the new beds as well as the Begonias (Red, Yellow and White flowers) which are planted in the Versailles Boxes from the roundabout up as far as Kingsford Cross. You should make it your business to look at the naturalised flowers in under the trees just in from the entrance to Beach Park to see what can be done with a little imagination.

Yet again the Village Traders Association have outdone themselves in the floral display throughout the commercial area of the village. It is a credit to all the businesses which deserve your support.

I recently noticed a car parked on a verge which had obviously been there for an extended period of time. Could we ask people to move such cars. In the event that the owners are no longer resident in the area could some neighbours get together and cut the grass around and under the car.

BLUE FLAG AND GREEN COAST AWARDS

We congratulate The Portmarnock Clean Coast Group together with all the individuals and the staff of Fingal County Council who together keep our Velvet Strand in tip top condition. Portmarnock is one of only five beaches in Ireland to have been awarded both flags. The presentation of the flags was made in The Royal Cork Yacht Club, Crosshaven, Co. Cork on 22nd May.

We need more volunteers to keep our beach clean – everybody is welcome. The next Clean Coast date is 15th July. We meet beside the kiosk at the beach Promenade at 10.00am.

FUNDRAISING

We had hoped to be collecting funds to pay for legal and technical expertise in relation to the developments at Dublin Airport. We are in the process of registering the PCA as a charity at present. This is required in order to raise funds. Apologies for the delay in commencing the process. We hope to be in a position to make the collection in early July.

POLICING IN PORTMARNOCK

Sgt. Austin Cox has recently retired from Malahide Garda Station after more than 25 years of service to our community. He has always been most helpful and enthusiastic in assisting local initiatives to make our area safe. The PCA made a presentation to him on his retirement on your behalf. We wish him a long and happy retirement.

Contacting the PCA: If you wish to contact the PCA on any issues in our community or volunteer for any of our committees why not call us 087 248 6287 (leave a message) or email portmarnock1@gmail.com. You can visit our website/Facebook at www.portmarnock.org

FRIENDSHIP

Prayer Services

During the school year I visit and do a prayer service with the boys and girls from 3rd - 5th class in both our primary schools. At the beginning of the school term as it was The Jubilee Year of Mercy, I did prayer services on the theme of Mercy. After Christmas I did a number of prayer services on the theme of 'Friends and Friendship'. Here are a number of poems from the children of both schools. These are just a sample of their wonderful creativity. They remind us how precious friendship is 'like a seed' that needs to be cared for and the qualities that are at the core of a good friendship.

Deirdre Ward

True friends
are always there for you
True friends
are there when you're feeling
blue
True friends
are there when times are rough
True friends
never have enough
True friends
like you for who you are
True friends
glow like a star
True friends
laugh at your jokes
All this means is that
True friends are
The Best Friend

Anna
5th class St. Helen's Ms Deane

Forgive you
Respect you
Include you
Endless friendship
Never selfish
Do the right thing
Share with you
Happy with you no matter what
Interested in what you say
Put your friends first

Amy
4th class St. Helen's Mrs Kelly

My friends are special to me—
people who I can't replace
My friends are always by my side.
They stick up for me
My friends are loyal to me,
I wouldn't trade them
for anything in the world.
My friends would do anything for me.
My friends mean everything to me
Mia, 3rd class St. Helen's Mr. O'Riordan

Friendship is very good indeed,
almost like a growing seed
it starts off small then goes big
but to do so you need this:
a splash of water every day
to feel refreshed all the way
then some sunlight once or twice
to guide you in the darkest night
then take good care all the way
because you will need it someday
then plant some more to make it
special for all your life
then look back at what you did
you'll soon find out that
You have something special indeed

Jenna 4th class
St. Marnock's Ms Kennedy

F is for friends, with you they'll go far
R is for radical, that's what they are
I is for interesting, listen to your friends
E is for embracing 'til the very end
N is for neighbourly, a nearby chum
D is for delightful, and really fun
S is for sanctuary, when you're with your mate
H is for happy, a glorious state
I is for ideal, great in every way
P is for perfect, making the world better each day

So if you have a perfect friend go on and give a shout. For
friendship is the only thing you cannot live without
Ella 5th Class, St. Marnock's Mr. Scallan

Friendship is the best
Especially when you're sad
It really helps when things are bad
When you're lonely and sometimes mad
Call your friend and you'll be grand.

So go get yourself a friend
And listen to what I say
One, two, three hurrah

Sarah, 5th class St. Helen's Mrs Tuite

Friendship is an interesting thing to get
For it is something that you cannot buy
but you must earn.

To have or make a friendship last
you must be a good friend to the person
you are friends with and make sure
you treat them with respect.

Friendship is an interesting thing
it is hard to explain.

It is something so brilliant to have and see
And I'm sure that when I tell you
what my perception is you'll see
and I hope you will see
that friendship takes more than just
it takes you and me.

Getting into a friendship is a fascinating thing
there's some many different ways you go about
finding one

and I assure you it's easy
so let's begin and so once I'm done
you will be happy.

If you see someone all alone if you're playing
a game or two invite them to join to have fun
I'm sure you will find that it is so easy
to make a good friendship.....
it's so easy.

Lorenze 5th class St. Marnock's Ms Monaghan

ST. ANNE'S PARISH – FIRST

ST. MARNOCK'S SCHOOL



Ms Cantwell's Class



Mr. Martin-Carroll's class



Ms Moran's class, also pictured in each photo above is Principal of St. Marnock's, Mr. Fitzgerald

St. Marnock's photos courtesy of Simon Archer Photography, Portmarnock

Congratulations to the children of St. Marnock's and St. Hilda's who received the Sacrament of Holy Communion.

St. John Paul II declared the Eucharist as the 'source and summit of the Christian life' meaning that it is the sacrament of sacraments, and includes the ministries and works of the Church bound up with the Eucharist, which is oriented towards the Kingdom of God.

Catechism of the Catholic Church



Canon 898 teaches us that the faithful are to hold the Eucharist in the highest honour and reverence. In the Eucharist we receive the body and blood of Christ, the true and sacred gift of Christ, the Holy Communion.

During the Holy sacrifice of the Eucharist we receive the body and blood of Christ in His sacrifice and teaching the children to receive Holy Communion for the first time. They are asked to make a thoughtful and meaningful response to the King of Kings.

The children are also asked to say 'Amen' on receiving Holy Communion, that what we are saying is that we believe that Christ is present in the Holy Communion, so the children are asked to say a strong Amen.

Finally they are asked to say the Our Father before they move away from the 'Cross', again reminding them of their redemption through the Eucharist.

Deirdre

HOLY COMMUNION MAY 2017

ST. HELEN'S SCHOOL

The boys and girls in St. Helen's Junior School received the sacrament of First Holy Communion.

In his Encyclical *Eucharistia* that 'The Second Vatican Council proclaimed that the Eucharist is "the source and summit of Christian Life".' The Council teaches that 'the other sacraments, and all ecclesiastical institutions and works of the apostolate, are ordered to the Eucharist and are directed towards it.'

Catholic Church 1324.



As that, 'The Christian Eucharist is the Most Holy Eucharist.' When we partake and receive the precious Body of Christ himself present in Holy Communion.

In the sacrifice of the Mass and we remember and share in the redemption. In Holy Communion when we receive Holy Communion for the first time they are asked to receive our Lord Jesus Christ.

It is taught that when we receive Holy Communion the saying is that 'I truly believe that Christ is present in Holy Communion and children are asked to say 'Amen'.

Children are asked to bless themselves with the sign of the cross, reminding them of our Lord Jesus Christ's sacrifice.

Ms Ward



Ms McHale's class



Ms Brooks' class



Ms McDermott's/Ms Aherne's class

St. Helen's photos courtesy of Photohouse Photography, Portmarnock

FEAST OF CORPUS CHRISTI

SUNDAY 18th JUNE 2017

CELEBRATION BY FIRST COMMUNICANTS



On Sunday 18th June we celebrated the Feast of Corpus Christi with the boys and girls who celebrated their First Holy Communion in May. The children were invited back for a procession from the Parish Centre into the Church, to participate in the Mass with prayers, the offertory procession and the prayer after Communion which the children learned as part of their prayers for their First Holy Communion.

Thanks to all the parents who assisted with the children at the Enrolment and Preparation Masses. At the conclusion of the Mass the children processed into the Parish Centre with Fr. Conleth.

Deirdre Ward



The montage was a beautiful focal point for the celebration. Each child before they made their First Communion had cut out a paper representation of their hand. They then coloured it and painted on it to reflect their individuality. All the 'hands' were then assembled into the incredible colourful creation shown on the left with the Eucharist as the central point and creating a 'Circle of Friends'



FINGAL MATTERS

NEW MAYOR ELECTED

Mary McCamley was elected as Mayor with a large majority of Cllrs at the annual general meeting of the Council. Mary is from Mulhuddart and received support across many parties and independents. She spoke about the importance of the work that volunteers do in our communities and together with investment in housing she would make supporting volunteers a priority of her term as Mayor.

ILLEGAL DUMPING

Illegal dumping continues to be a problem across Fingal. It particularly affects rural parts of the community with The Moyne Road and The Golf Links Road as well as Stockhole Lane recently suffering from serious dumping. If anyone can help with the investigations into illegal dumping, could they please contact Fingal on 1800 20 10 93 between 9:00am and 5:00pm Monday to Thursday and between 9:00am and 4:30pm on Friday or you can email: environment@fingal.ie

Fingal can and do investigate and prosecute dumpers. It is only by increasing prosecutions and major fines that we can deter the systematic offenders. I would also ask people to ensure that they double check how items are disposed of and to use reputable firms for work.

SHELTERS AT THE BEACH

Two Tenders were received for the refurbishment of the shelters. Evaluation and negotiation around the details of the work and the respective bids are continuing. An application has been made for central government funding to cover the costs.

FINGAL COUNCIL NOMINATED FOR HERITAGE AWARDS

Fingal County Council's Heritage Property Strategy has received international recognition by being recently nominated for two prestigious international competitions, the Royal Town Planning Institute Awards and Planning Magazine Awards.

The recently adopted strategic review of Fingal's portfolio of heritage properties, which was completed in late 2016, was the result of an in-depth financial and operational review of

Fingal County Council's heritage property portfolio.

The Heritage Property Strategy was a finalist in the "Excellence in Planning for Built Heritage" category at the RTPI Awards held in the Milton Court Theatre, London, on June 15 and was nominated in "The Best Use of Publicly Owned Land in Placemaking" category at the Planning Awards which took place at Savoy Place, London, on June 21.

The Mayor of Fingal, Cllr Mary McCamley, said: "Fingal's heritage properties hold a special and important place in the hearts of Fingal's citizens and it is of great significance that this piece of work to prove and protect the properties into the future is recognised."

Paul Reid, Chief Executive of Fingal County Council, stated: "The strategic review of heritage properties and the implementation of the outcomes of the review can greatly improve the tourism potential of the County and provide economic benefit to the County as a whole."

CRICKET TEST STATUS BIG NEWS FOR MALAHIDE CASTLE

Ireland being awarded with test Status is expected to lead to a significant investment in Cricketing facilities at Malahide Castle. Ireland will now be eligible for 5 day international matches, and Malahide has been widely earmarked as one of the best grounds in Ireland for test status. Cricket is watched. With over 2 billion followers worldwide Cricket is regarded as the 3rd most popular sport on earth. Holding test matches in Malahide will significantly improve the profile of Fingal and of Ireland in Asia, leading to increased opportunities for local companies both from a tourism and a profile point of view. The land that the Cricket ground is on is leased to the Cricket club on a long-term lease as has been the case since before the ground was purchased by the state from the Talbot family.

LEISURE CENTRE PLAYGROUND

Work on the playground at the PSLC should commence by the end of July. There is also a refurbishment planned for the Playground in St Anne's.

Cllr Brian McDonagh

Small ads 50c per word

SMALL ADS

Closing date 8th each month

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"The perfect way to spend an evening as the days get shorter!"

Online enrolment available from mid August:
More details available under Adult Education on
www.portmarnockcommunityschool.ie
Call 01 8038069 or email adultedpcs@gmail.com.

WALK-IN ENROLMENT DATES:

Tues 12th, Mon 18th, Tues 19th September 7:30 – 8:30pm
Courses on offer this term include: (get in touch if you wish to offer a course!)

Acting	Gardening / Horticulture
Archery (Wed. Nights)	Golf
Art/Painting	Guitar (Beginners and Improvers)
Learn to Bake (open to all)	History of Ireland (Modern, 20th Century)
Ballroom Dancing (Sat.)	Irish Language Course for Parents/Guardians
Badminton	Italian Beginners and Improvers Courses
Barre Exercise Class	Literature Appreciation Class (New Course Sat.)
Bridge Beginners (Sat.) & Improvers (Wed.)	Loving Colour (Sat.)
Child Psychology	Mindfulness (Sat.)
Chess	Ninja Numchucks (New Course Sat.)
Choir	Parenting Course "Wellbeing for Parents"
Computers: Beginners to Intermediate	Photography DSLR Camera Improvers Workshops
Computers: Digital Skills for Citizens (Free Course)	Pilates Beginners
Computers: Love your iPad	Pilates Improvers / Intermediate (Wed.)
Computers: Adore your Android	Pilates Pre and Post Natal (Sat.)
Cooking	Pottery (Sat.)
Creative Writing (Beginners)	Professional Development and Career Coaching
Craft Beer Brewing	Spanish Beginners (Sat.), Improvers (Tues.) & Advanced (Wed.)
Dance Fusion (Mon.)	Self Defence for Women
Dance: Latin in Line (Sat.)	Tai Chi Beginners and Improvers classes (Wed.)
Development Education	Ukelele
De-Cluttering your Home and Organising your Life (Sat.)	Volleyball (Thursday)
ENGLISH AS A SECOND LANGUAGE Preparation for Cambridge FCE (Ideal for Au Pairs etc)	Web Design (Wordpress)
First Aid	Writing & Publishing your own Book (new course)
Fashion Design: Beginners and Teens	Yoga (Tues.) + Pregnancy Yoga (Mon.)
Forensic Science (New Course)	Zumba
French (Improvers)	



RED HURLEY CONCERT in aid of the Irish Kidney Association



Congratulations to all who took part in the Red Hurley Concert in St. Anne's Church on Sunday 21st May. The evening was a great success with a high crowd attending (as you can see above) and €7000 went towards the work of the Irish Kidney Association. Our thanks to all who attended the concert and those who participated—St. Anne's Requiem Choir, The Masstonbury Choir and some members of the Portmarnock Guild I.C.A. and choir director Patricia Mackenzie.

Our special thanks to Red Hurley and his musical team. The support received from Fr. John, Fr. Conleth, Pauline Geoghegan and the Parish Council was very much appreciated.



Red Hurley
singing
with his daughter
Stephanie

Ann Burke (left)
organiser of the Concert
with choir director
Patricia Mackenzie



Some of the
volunteers who
acted as
stewards on the
night



LIONS CLUBS INTERNATIONAL 1917—2017

1st June 2017:

The founding of Lions Clubs International, one hundred years ago, is celebrated on An Post's new international postage stamp. The €1.35 stamp which covers standard letter postage anywhere in the world, was designed by Dublin company Red Dog and features a photograph from the annual Lions Holiday Project in 2016. The Lions Club is the world's largest voluntary service organisation with a presence in over 200 countries and more than 1.4 million volunteers worldwide. There are 2,700 members in 116 clubs across the island of Ireland, north and south. With their motto 'We Serve', they organise projects to help vulnerable and elderly people within their communities, and they undertake humanitarian work such as aiding street children, providing diabetic screening and preventing suicide and blindness.



Paul Allen, District Governor of Lions Clubs International in Ireland, expressed his appreciation that the Lions Clubs work in serving their communities has been recognised by An Post with this special international stamp, reflecting the global reach of Lions Clubs International:

'It is a great honour to have a Lions Clubs stamp issued to mark the centenary of our organisation. In the 60 years that Lions have operated in Ireland, our membership has grown, based on serving the needs of local communities. In a few weeks, the Lions Clubs in Ireland will again host more than 600 guests at our annual Holiday Project in Trabolgan, Co. Cork. Lions Clubs in Ireland are also well known for their commitment to the prevention of blindness through Diabetes Screening, for our Annual Food Appeal at Christmas and for hundreds of community service projects at national and local levels'.

The stamp and special First Day Cover envelope may be purchased at main post offices, at Dublin's GPO stamp shop and online at irishstamps.ie



CCÉ Port Mearnóg proudly presents
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CONTACT DETAILS

Society of St. Vincent de Paul
91-92 Sean McDermott Street, Dublin 1.
Tel. 855 0022; email: info@svp.ie



Portmarnock brothers Seán and Niall McDonagh return to the International Bar with their 5 Star Trip Adviser rated comedy show Ireland: A survivor's Guide. A rollercoaster guide to Irish people, culture and customs in physical comedy sketches. Sketches include the complete history of Ireland in 7 minutes, secrets of the Irish male and an interactive guide to hurling. Runs Tuesday to Friday at the International Bar in Wicklow Street. Tickets €10, €8 online. Lunch and show €14. Unmissable lunchtime entertainment and fun from two local lads.



THE CRAFT CIRCLE meets 3rd Saturday every month in the Parish Centre from 10.00 am until 1.00pm. Work night—first Thursday of each month, 7.30pm - 9.30pm also in Parish Centre. You would be very welcome to come along and share your craft. For further information contact Pauline at 087 629 3744.



BREASTFEEDING SUPPORT GROUP

run by the local HSE Public Health Nurses.
Every Thursday 11.30—12.30 in Portmarnock Parish Centre. All Welcome. Ph 846 0311 for further information.

Portmarnock, Kinsealy and Malahide "Care and Repair" is a group of volunteers who carry out small repairs and minor tasks e.g. minor gardening, changing plugs, cleaning windows etc. for people aged 60 plus. Where a job is too big or requires a professional tradesman we have a list of people we can recommend. For more information please contact us on **086 865 3311**. The service is **Free** and we **WANT** to help.

LETTER TO THE EDITOR

Dear Editor

I would like to appeal to those who walk their dogs on Upper Carrickhill Green – on some occasions twice a day – and who do not scoop the poo.

None of us wants to get poo on our shoes but do you realise the serious diseases that children can contract if they get it on their hands? Do you know it can result in blindness?

Have you considered the amount of poo generated by 2 dogs? Four poos a day, 28 poos a week, 124 poos a month and a grand total of 1,460 poos per year on our green. This is a beautiful **public** amenity and to leave that amount of poo on the grass beggars belief.

So please!!!!!! Follow the good example set by the vast majority of dog owners and scoop that poo.

Name and address with the Editor.

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BRIAN McDONAGH

For local issues contact
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Box Ads per issue: 1 box €40
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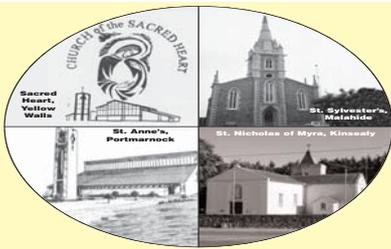
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Legal Session last Saturday of every month 10.30 am – 12.30 pm



Our Parishes Working Together

TEAM MINISTRY OF MALAHIDE-KINSEALY- YELLOW WALLS-PORTMARNOCK

PORTMARNOCK: St. Anne's Church, Strand Road, Portmarnock.
Parish Office—846 1561.

Fr. John Murphy, Co-PP St. Anne's Parochial House,
Strand Road, Portmarnock, P. 846 1081.

Fr. Conleth Meehan, Co-PP 21 Wheatfield Grove,
Portmarnock, P. 846 1561.

Deirdre Ward, Parish Chaplain, (Wed/Thurs/Fri)
Parish Centre—P 087 095 6403 / 816 9802.

MALAHIDE: St. Sylvester's Church, Main Street, Malahide.
Parish Office—Phone 845 1244.

Moderator: Fr. Kevin Moore, address as above. P 549 6615.

YELLOW WALLS: Church of the Sacred Heart, Estuary Road,
Malahide. Parish Office—Phone 845 4783

Fr. Frank Reburn, Co-PP 11 Millview Court, Malahide.
P. 845 1902.

KINSEALY: St. Nicholas of Myra, Kinsealy. Ph 846 0028.

Fr. Mattie O'Farrell, Co-PP "Aghadoe" Kinsaley Lane, Malahide,
P. 846 1767.

PARISH PASTORAL WORKER: Gertrude Gill, St. Anne's Parish
P. 086 370 0006.

BAPTISMS

Congratulations to the families of the following babies who were baptised recently

Conor James Fleming, Strand Road

Ella Sarah Gahan, Torcaill

Kael Brian Fitzpatrick, Ardilaun

Catherine Anne Howley, Dal Riada

Leah Kate Kelly, Seabrook Manor

Sophie Marie-Ann Kelly, Seabrook Manor

Lucia Mai Keogh-McDonald, Ashley Rise

Kyle Mutia, Seabrook Manor

Angelina Kirsten Anderson, Portmarnock Crescent

Aidan Felix Griffin, Montreal, Canada

Nora Marie Hennessy, Blackberry Rise

Nora Ruth Louise McGuckian, The Kilns

Dara Eoin McNulty, Burrow Court

Oisín Patrick O'Duiginn, Drynam Walk, Kinsealy

Isla Sarah Ward, Belmayne



Weddings

Congratulations to the following couples who were married recently.

Naomi Mullally, Churchtown &

Brendan O'Connor, Churchtown

Grainne O'Rourke, The Dunes &

Mathew Dunne, Swords

St. Anne's Parish, Portmarnock Mission Statement

*To create a parish in Portmarnock where people treat
each other with love and compassion and work together
to build up a dynamic Christian community characterised
by faith, mission, worship and service.*



PARISH INFORMATION

Saint Anne's Church & Parish Centre,
Strand Road, Portmarnock,
Co. Dublin. Phone 846 1561

email: stannes@portmarnockparish.ie
www.portmarnockparish.ie

Parish Office (in Parish Centre) Open 9.00 am to 5pm, Mon
to Fri. Signed Mass cards (including Irish text) available,
arrange baptisms, get baptism/confirmation certificates,
Freedom to Marry forms, book rooms in Parish Centre etc.

Parish Secretaries Margaret Corcoran & Gabrielle Moore.

Anniversary Masses: All weekend Masses are 'shared'. Call
or phone the Parish Office to book Masses.

Confessions Saturdays after 6.30 pm Mass.

Baptisms are usually held on the 1st and 3rd Saturdays at
12.00 noon. Preparation Meeting for parents and
godparents held usually on last Wednesday of each month
in Parish Centre. See more details on website or contact
Parish Office.

Marriage - please see website for important information
on church and state requirements or contact Parish Office.



ADORATION OF THE BLESSED SACRAMENT

Shalom Room—St. Anne's Parish Centre, Portmarnock

FOR MONTHS OF JULY AND AUGUST 2017

DAYTIME

MON TO FRI 9.00 am-4.50 pm

EVENING

**Evening adoration suspended for July and August
and Saturdays as Parish Centre will be closed
Usual 3 HOUR VIGIL on 3rd FRI each month
7pm-10pm (in St. Anne's Church) (All welcome)**

KINSEALY: Adoration Mon mornings after 10.00 am Mass to 1pm

OTHER DEVOTIONS

FRIDAYS: First Fridays Healing Mass **10.00 am** in KINSEALY

LAST FRIDAY OF EACH MONTH

St. Pio Devotions

7.00 pm in St. Anne's Church (Mass commences at 7.30 pm).

750 CLUB RESULTS

MAY 2017

First Prize €1,000: Ticket No.51 Derek Farrell,
Wheatfield Grove

Seller: Duirmuid O'Connor

2nd Prize €500: 462, Ann Shearan, The Dunes

3rd Prize €250: Ticket No. 720, Mary Smith,
Carrickhill Rise

4th Prize €250: Ticket No. 375, Brid Cottell, Dal Riada