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750 Club

Grand Final Draw 2017/2018 €10,000 Winner!



Jacqueline Farrell, Limetree Avenue

Jacqueline winner of the €10,000 first prize in the Grand Final Draw. She is pictured with from L to R: Matt Dunphy, Chairman 750 Club Committee, John Gallagher, Committee member and seller of the winning ticket and Fr. Conleth Meehan, Co-PP.



2nd Prize €3,000

Winner:
John Ennis
Moyné Road



3rd Prize €2,000

Winners:
Anne & Padraig Donohoe
Portmarnock Avenue

WEEKEND MASS TIMES IN CLUSTER DURING JULY AND AUGUST

	Sat	Sun
Convent		9.00 am
Yellow Walls	6.00 pm	11.30 am
Kinsealy		11.00 am
Malahide		10.00 am
		11.15 am
		12.30 pm
Portmarnock	6.30 pm	9.30 am
		11.00 am

There is no Evening Mass in the cluster during July and August

MEMBERSHIP OF 750 CLUB

Draw each month for prizes:

1st prize €1,000 2nd prize €500
3rd/4th prizes of €250 each

with the Grand Draw for the month of June with prizes as shown above

Contact the Parish Office at 846 1561 and it can be arranged for a member of the committee to sign you up.

Tickets are limited so don't delay!



*We offer the sympathy of all parishioners
to the families of*

Michael Finnegan formerly St. Anne's Square
Barry White, Strandmill Avenue
Antoinette Hughes, Strandmill Road
Noreen Finnegan, formerly St. Anne's Square
Agnes O'Ceallaigh, Wendell Avenue
James Close, Jr., formerly The Dunes
who died recently

Bethany Bereavement Support Group

The Bethany Bereavement Support Group offers support to bereaved people by listening to them. Many Bethany members have themselves been bereaved.

We are trained to listen with understanding and are here to support anyone dealing with the very painful experience of grief.

For further information please contact Parish Office: 846 1561

 **PARISH COUNSELLING SERVICE**
in the Parish Centre. Payment negotiated. By appt only. Phone Mary Ryan 0872709767.

CARE AND COMPASSION

And so the Referendum is over. The people have decided. And exactly what have the people decided? They have decided that the 8th amendment should be repealed. They have decided that within the law everybody has to make up their own mind about any future step they may decide to take.

The people have not imposed anything on anybody. That, as I say, is up to each individual's conscience, and within the law which will be enacted. Don't be fooled into thinking that free rein has been given to all; that one can now do as one likes. The Law of the land will lay down exactly what can or cannot be done. And, obviously, this decision may well be a heavy burden on some.

People will still have to make up their minds as to their next course of action. If that course of action is prompted by fear, seek help. If it is prompted by shame, seek help. If it is beset by doubts, seek help.

That's what the church here in Portmarnock is all about. Caring for people; having compassion on those who make mistakes, or take the wrong road, or are hurting; helping those who are not sure about the future. Msgr. Pellegrino puts it succinctly when he says "We believe and so we must speak out. That is what Jesus did. That is what Christians must do. Our actions must expose our commitment to the Kingdom of God."

Many see the church as a place where mistakes were made, where there was much wrong-doing and cover-ups. And they are right. And none can condone any of those things.

But many tend to forget the multiplicity of groups that are doing great work; the Vincent de Paul, the meals on wheels, the Legion of Mary, the Bereavement Group, Counsellors and so on. All done in total confidence.

They forget that the church itself is a haven of peace and quiet where one can simply relax and think and pray. Try it. SC

Misprint Last Issue

Unfortunately there was a misprint in the BALANCE SHEET in the last issue of Progress Below is the correct version of the Balance Sheet.

	BALANCE SHEET	
	31 December 2017	31 December 2016
	€	€
Tangible Fixed Assets		
Fixed Assets	1,799,472	1,843,373
Current Assets		
Cash at bank	227570	240,834
Debtors & Prepayments	36336	8,078
	<hr/>	<hr/>
	263906	248,912
Current Liabilities		
Trade creditors	12224	2,936
Sundry creditors and accruals	39781	23,732
	<hr/>	<hr/>
	52005	26,668
NET Current Assets	<hr/>	<hr/>
	211,901	222,244
Net Assets	<hr/>	<hr/>
	2,011,373	2,065,617
Charitable Fund		
Charitable funds	2,065,617	2,074,466
Current year profit/-loss	-54,244	-8,849
	<hr/>	<hr/>
	2,011,373	2,065,617



WMOF2018 Office

Holy Cross Diocesan Centre, Clonliffe Road, Dublin 3

Tel 01 567 6800

Email: info@worldmeeting2018.ie www.worldmeeting2018.ie

Closing Mass for the World Meeting of Families, Phoenix Park Sunday 26 August at 3.00 pm

Pope Francis will be the chief celebrant at the closing Mass for the World Meeting of Families in the Phoenix Park. The Mass will be at the site of the Papal Cross in the heart of the Phoenix Park.

GET A TICKET

The tickets are free. Every adult and every child attending will need a ticket. Under 18s must be accompanied by an adult. All tickets will be for standing sections. At the time of writing there were still some tickets available.

- You must book your ticket through an online form on the website.....www.worldmeeting2018.ie
- Your ticket will be sent to you by email closer to the event.

When registering for a ticket, you will be asked for the following information:

Name and postal address—to identify you as the person applying for the ticket

Email address—Your tickets will be sent by email

Travel information—you will be asked where you plan to travel from on the day and how you plan to travel. This information will inform your assigned route to follow for the event.

You will not receive your ticket immediately after you register. Tickets will be sent closer to the event by email in the form of a 'print at home' ticket. This will include travel information, along with details of how to get to your section at the event.

PLAN YOUR TRANSPORT

Decide how you will travel to the Phoenix Park well in advance—bus train, Luas, walking or coach. You will not be able to drive up to or park near the venue but Park & Ride or Park & Walk will be available around the city.

When you receive your ticket for the event, it will include the information on your route to the Phoenix Park and the gate you must use to enter and exit.

If you have booked your place on the Portmarnock Parish coach your admission ticket is included. Further information will be given to you in advance of the event

PAPAL TRAVEL CARD

A special transport ticket—Papal Travel Card—will be available for travel to and from the Papal Mass. This card will allow you to take multiple trips up to midnight on Sunday 26 August with the following providers: DUBLIN BUS, DART, LUAS, COMMUTER RAIL as far as Balbriggan, Maynooth, Sallins and Kilcoole.

Note the Papal Travel Card cannot be used on Bus Éireann.

The Papal Travel Card is available to buy online. It will also be available in newsagents.

A child Papal Travel Card will cost €2, an adult Papal Travel Card will cost €4 and a family Papal Travel Card will cost €10 which will allow 2 adults and up to four children up to the age of 18 to travel.

Please note the Papal Travel Card is for travel only and is not for admission to the Mass. You must apply for your Mass ticket separately on the World Meeting of Families 2018 website (see top of page).

Generation Anxiety

Do you remember when you were a teenager and people told you to enjoy yourself because "these are the best years of your life"? Research has shown that older people tend to look back at their late teens and early to mid twenties as the happiest time of their life – carefree, debt free and often child-free, with a freedom and spontaneity that has often disappeared in later years. But this untroubled outlook is less applicable to today's millennials or twenty-something year olds, who present daily to GPs around the country with symptoms of anxiety and stress. According to Mental Health Ireland, one in six people will experience a mental health issue, such as anxiety, every year with that figure steadily rising. More and more twentysomething women are struggling with anxiety and panic attacks, many undiagnosed and untreated. While boys are also affected, worldwide studies reveal that more girls are susceptible (Irish Times 11/06/18).

Why is anxiety on the rise in 'Millenials'?

Seventy five per cent of mental health problems occur amongst teenagers and twenty-something year olds. Several factors seem to be at play – genetic, social and psychological. World events making the headlines each day include terrorist attacks, child abductions, murders and celebrity deaths, leaving vulnerable minds feeling unsafe and insecure. It is fair to say that previous generations were exposed to wars, recessions, trauma and worse health. But millenials seem less able to cope, with the role of intensive parenting seen as a factor. Young women are less independent with a deficit in coping skills, staying as students and at home for longer. Recreational drugs and alcohol trigger and worsen anxiety and panic attacks. Even more influential are the web, smart phones and social media. Screen addiction has led to girls, in particular, growing up with unobtainable aspirations – to be super slim, smart, wealthy, constantly happy. As a result, many are plagued by perfectionism, excessive expectations, a harsh inner critic and an obsessive need to achieve (Irish Times 11/6/18). Millenials are also an overstimulated generation. Excessive screen use boosts the release of stress hormones and increases CNS arousal. Sleep becomes disturbed making people even edgier. Switching off is happening less as young people remain "on" living in an adrenalised way.

What can be done to ease this anxiety?

- Book in a screen detox: Technology-free time, especially at night, improves sleep which plays a vital role in alleviating anxiety. Challenge yourself to leave your phone at home or in a different room for hours at a time. Buy an alarm clock instead of you relying on your phone.
- Somewhat paradoxically - discover the range of free apps on your smartphone specifically developed to reduce anxiety such as Headspace or the IntelliCare suite of apps
- Reduce caffeine and alcohol intake.
- Meet friends in real time! Healthy face to face interactions and distractions soothe the mind and make us feel connected in a meaningful way.
- Talk to friends and family about how you are feeling – 'a problem shared is a problem halved' as per the old adage.
- Exercise regularly – as effective as anti-depressants in the treatment of anxiety/depression and consider taking up yoga and mindfulness as a way to relax.
- Consider counselling and/or CBT (which aims to re-train the mind to think more positively).
- Speak to your Gp who may discuss the above and the possibility of anti-depressants (which have an anti-anxiety component).
- Most of all don't suffer in silence. The chances are, the majority of your friends and family have experience of how you are feeling.



KIDS CORNER

Be water safe not sorry this summer! On average, 133 people pass away due to water related accidents in Ireland each year.



Never underestimate the power of water. Always supervise small children in or near water – don't get distracted by your phone, people at your door, or attending to other children.

Stay sober – don't drink or take drugs and then go and swim at patrolled beaches, where possible – no flags means lifesavers, so don't overestimate your swimming ability.



The CervicalCheck scandal continues to run. CervicalCheck is facing a surge in legal actions from women

who developed cervical cancer after wrongly getting a smear test all-clear

The State Claims Agency has said there are thirty cases at various stages of litigation. John Gleeson, Programme Manager of CervicalCheck recently told the Public Accounts Committee he informed the agency that he "assumed" all the women affected had been told as their doctors had been given the audit results. Dr Gabriel Scally, who is conducting a scoping inquiry into the scandal has complained about receiving 4,000 documents in recent days much of which are difficult to read and unsearchable on a computer and will delay the results of his much awaited inquiry.

ARE YOU HOUSEBOUND?

Would you like to receive Holy Communion on a regular basis? This can be arranged by contacting the Parish Office at 8461561

REMEMBER

All ceremonies held in St. Anne's Church are available to view live on the parish website: www.portmarnockparish.ie Access to the webcam is clearly shown in RED on the home page.



progress All issues of Progress are available online. If you have family living abroad remind them they can access the newsletter as soon as it is issued—usually first weekend of the month.



How do young people view the Catholic Church - An axis of evil?

A teenager who is in a 3rd level College, was wearing a 'Repeal the 8th' T shirt during the recent Referendum. I was a No supporter and asked him why he was supporting the Yes side. He cited women's bodily autonomy and the fact that the unborn baby was not a human being, it was a foetus. I won't replay the Referendum but the most disturbing aspect was his assertion that the Catholic Church was the cause of all Ireland's problems, an 'Axis of Evil'. Eight years ago, this young man was an altar server and played Jesus in a school passion play. I wondered what happened during that time.

I believe our young people are being fed an anti Catholic narrative which blames all the Country's past social problems on the Catholic Church.

The Catholic Church's Role The message from Jesus was that Catholics should do good deeds, e.g. look after the poor, the sick and the marginalized. Lay individuals started many of the organizations which provided Education, Healthcare and Social Services when the State didn't. Edmund Ignatius Rice, a wealthy businessman, sold his business and set up schools for the poor in 1802. The British were not interested in wasting money on educating the rebellious Irish. He set up the Christian Brothers and the Presentation Brothers. Orders of Nuns set up schools to educate girls and provide hospitals for the sick. The St. Vincent de Paul Society and the Legion of Mary are run by lay people. Hundreds of thousands of Catholics sacrificed their lives to educate the poor, provide Healthcare and Social Services to the poor and the lonely.

Why did the Church run all these institutions? In most cases it filled the gap which the State couldn't afford to do or didn't want to get involved in, e.g. the State asked an order of Nuns to take over the Tuam Mother & Baby Home. Women who had a child out of wedlock were locked up in Magdalene Laundries. Most were rejected by their families and the State. In the USA and Sweden the Governments sterilized women who had babies out of wedlock. It was only abolished in Sweden in 1976. If you look at the Adoption Stories on U.K. channels, you can see that they also had Mother & Child Homes. It was a disgrace for girls to have a child out of wedlock. They were pressured by their families or boyfriends into getting rid of the baby. These were not Catholic Countries.

Why was there cruel and inhuman treatment in the Institutions? This is difficult for young people to understand. Physical punishment was the way schools and many families handled a child who didn't follow orders, to the letter. Parents used smacking regularly, so it was the first method used. That's the way their parents were reared. It wasn't till 1982 that corporal punishment was prohibited. Teachers were not liable to criminal prosecution until 1997, when the rule of law allowing "physical chastisement" was explicitly abolished. What childcare training did these Nuns, Brothers and Priests get? None, I imagine. I doubt they were taught about childcare or psychology. Many of the modern conditions weren't identified, e.g. Autism, Aspergers. I imagine they followed what they saw in their families or schools, 'spare the rod and spoil the child', was an oft used piece of advice.

Many practicing Catholics feel the media is following an Anti Catholic agenda. Only the bad things are mentioned and mentioned over and over again. The narrative seems to be, these bad deeds should exclude the Church from making any comment on Social Policy or the impact of political decisions.

A Brave New World The modern world seems to be focused on Individualism. If you suggested to a young person that giving up their lives, with no pay, to help the poor and disadvantaged around the world would be a good and noble thing, How would it be received? The Catholic philosophy of sacrificing your life to help others has become unfashionable with many but not all young people. It is difficult to find volunteers, outside sporting organisations. This Catholic philosophy is demeaned and sneered at by media and some politicians. Those of us who believe in it, need to make that clear to our politicians.

John Hughes



Lough Derg lies about four miles north of the village of Pettigo, on the Donegal/Fermanagh border.



There are many ways to contact Lough Derg
Phone 071 986 1518.

Email: info@loughderg.org

Write to: Prior, Lough Derg, Pettigo, Co. Donegal

Online: www.loughderg.org

View videos: www.icatholic.ie/loughderg

Pilgrims typically arrive around midday on the first day having fasted from midnight and depart on the third day at 10.00 am. Pre-booking not required. Boat times: daily between 10.30 am and 3pm. Crossing 10 minutes. Admission 75 euro, students discount 15%. Concessions for seniors and groups. **Last day to begin your 3 Day Pilgrimage is Monday 13th August.**

Special Days

Quiet Day: Monday 3rd September A Quiet Day is a precious day for oneself with God; an opportunity for contemplation and spiritual nourishment. A self-guided day at your own pace. Refreshments on arrival and a light lunch served.

Family Day: Friday 17th August The Family Day is one of the highlights of the Season growing in popularity. Children, parents, guardians, grandparents and relations come together to celebrate the family relationship with God.

Living with Suicide Day: Saturday 29th September A special retreat day to support people who have been affected by suicide either through personal loss, those who minister to the suicide bereaved or work in support services.

One Day Retreats

These days follow a set programme of prayer and reflection. The day concludes with the celebration of Mass in St. Patrick's Basilica.

The Retreat programme runs from 10am to 4.30 pm. Open to adults—not suited to children
(Fasting or walking barefooted is not required)

Retreat Dates: Aug 18th, 19th, 20th, 27th, 28th, 29th
Sept 1st, 2nd, 4th, 5th, 8th, 10th, 11th, 15th, 16th, 22nd, 23rd, 30th

Advanced booking essential. See phone no. below.
Admission 45 euro



Prosper Fingal

This year, Prosper Fingal celebrates its 40th anniversary.

The company was founded by parents and friends of people with intellectual disabilities in response to the lack of services available in the region.

From its small beginnings, the organisation has grown and now provides services throughout Fingal to 300 individuals from locations in Portmarnock, Howth, Rush, Skerries, Balbriggan, Balrothery, Swords, and Donnycarney.

The Portmarnock Day Centre-located behind St. Anne's Church-was opened in 2000 to meet the needs of individuals in the south of Fingal. Today, this region enable some 60 individuals to access their local communities of Portmarnock, Howth and Donnycarney.

We would like to sincerely thank everyone who has helped make Prosper Fingal the thriving, inclusive, caring company it is today.

Please visit www.prosperfingal.ie for a deeper insight into this fine local organisation.



Talk on The Statues and Sculptures of Dublin.

How often do you walk past the many statues and sculptures of Dublin without a second glance? Do you know what statues flank the main entrance to Trinity College? What's special about the tie worn by the Oscar Wilde statue in Merrion Square? Why does the Standard Life Assurance Company have a frieze depicting a Biblical parable at the top of its old headquarters? Well these and many more such questions were answered when Neal Doherty author of *The Complete Guide to the Statues and Sculptures of Dublin City* gave a talk to the guild members on 9th May 2018. It was a most entertaining and informative talk.

The following Wednesday night, Caroline, Personal Shopper, from Pamela Scott gave some very good fashion tips on what styles and shapes work best for the various body shapes. Guild members modelled a selection of outfits on the night.

We finished off with our International Night on Turkey. It included a quiz on various places in Turkey, a belly dancer for entertainment. There was a lovely selection Turkish meals and dessert. The evening was thoroughly enjoyed by everyone in attendance.



PORTMARNOCK LIONS CLUB

2018 Annual Golf Classic

Tuesday 21st August 2018

Course: Portmarnock Hotel and Golf Links

€320 per 4 person team

Tee Time: 12.00 noon—3.10 pm

Format: Team event with two scores to count at every hole

Handicaps: Full Club Handicaps

Prizes: 1st, 2nd, 3rd, Front 9, Back 9, Nearest the Pin, Longest Drive

Prize Giving: in hotel (Jameson Bar) at circa 9.00 pm

Food: A 'Golfers Menu@ will be available after the golf in the hotel bar area. By arrangement there will be dinner menu available in the hotel.

Please note that this is not included in the cost.

All Proceeds go to local needs

Contacts: Gerry D'Arcy 087 289 0798; Paul McHale 086 827 7105;
Ken Bracken 087 979 3220



St Helen's SNS says "Slán"

to Mary O'Leary

After 13 years as Principal of St Helen's Senior School, we bid farewell to Mary O'Leary as she begins her well earned retirement.

Mary has been an outstanding leader of education throughout her 40 year career and especially in her role as Principal of St Helen's.

Her aim for the highest possible quality of teaching and learning for the pupils of St Helen's has always been her topmost priority and the children who have passed through our school under her leadership are a testimony to that.

The staff, parents and Board of Management of St Helen's are very proud of our school and are so grateful to Mary for the huge contribution she has made to its development and continued high standard of the education of our pupils both academically and in all other extra-curricular areas.

We have been privileged to work alongside Mary and to experience her true dedication, boundless energy and enthusiasm, not to mention her tireless efforts to ensure the children and their education were at the centre at all times.

She will be sorely missed by staff and pupils alike.

We wish Mary the very best in her retirement.

*The Staff, Parents Association
and Board of Management of St. Helen's*



Comhaltas Ceoltóirí Éireann

Port Mearnóg

Trad Concert and

BBQ at

Naomh Mearnóg GAA Club

starts 7.00pm Friday, July 27th

Featuring Internationally Renowned

Multi-Award Winning Musicians:

Tadhg Ó Meachair * Joanna Hyde *

Robert Harvey * James Harvey * Niall Preston *

Allanah Thornburg * Catriona McArdle

€10 per adult

Child €5

All Welcome



COMMUNITY NOTICE BOARD



Those of us who enjoy Pauline's scones every Wednesday at the weekly 'Coffee Morning' were delighted with the recent visit by Executive Head Chef Tom Haughton from the Portmarnock Hotel and Golf Links. He had been told of the wonderful fresh scones served each Wednesday from 10.30 am. As can be seen above he thoroughly enjoyed the scones and the atmosphere of the Coffee Dock. Pauline takes a break from baking during July and August but fresh scones will be available again each Wednesday from September. The Coffee Morning still continues however during the Summer months each Wednesday at 10.30 am. Come and meet other parishioners and enjoy the chat.



ST. MARNOCK'S BRIDGE CLUB
 Welcomes visitors to the club on Mondays during July and August at Portmarnock Sports & Leisure Club, Blackwood Lane, Portmarnock Mondays (excluding Bank Holiday Mondays) Time 7.20 pm for 7.30 pm start of play.
Feel free to come along without a partner as we will have a member of the club available.



BREASTFEEDING SUPPORT GROUP
 run by the local HSE Public Health Nurses.
 Every Thursday 11.30—12.30 in Portmarnock Parish Centre. All Welcome. Ph 846 0311 for further information.

Parent and Toddler Group

Tuesdays 10.30 am – 12.00pm
 Closes for summer Tuesday 26th June and will reopen on Tuesday 11th September. St. Anne's Parish Centre



Portmarnock Pitch & Putt Club

Juvenile & Adult Member Competition

This annual competition, held on Wednesday 6th June, attracted a huge entry from Juveniles who are learning their short game skills, combined with more senior Adult members. The whole idea of the competition is for the Juveniles to pick-up a few tips from their more 'Senior' partners. But to be honest, it's hard to determine just who learnt from whom!

Results:

- First:** Eoin Wells, Matthew Kerr & Darren Wells
- Second:** Josh Lloyd, Tom Judd & Anna Cullen
- Third:** Rohan McNally, Eamonn Brady & Zach Fahey
- Fourth:** Tynam Neville, Kieran McCann & Eamonn Connolly

48 played



Jimmy Hughes (on right) announcing the winners

A great afternoon, in beautiful sunshine, was enjoyed by all. The Course was in its usual immaculate condition with the Greens running fast and true. Congratulations to all who participated and particularly to Captain Jimmy Hughes and Lady Captain Marie Crean for organising the event.

New Members are very welcome to join our Club as support from the local community is very important to us. So, if you are looking for a new challenge offering plenty of fresh air and exercise, on a competitive or casual basis, we would be delighted to have you as a New Member. For more information please contact 089 445 8313 or Email portmarnockpitchandputtclub@gmail.com

Portmarnock, Kinsealy and Malahide "Care and Repair"

is a group of volunteers who carry out small repairs and minor tasks e.g. minor gardening, changing plugs, cleaning windows etc. for people aged 60 plus. Where a job is too big or requires a professional tradesman we have a list of people we can recommend. For more information please contact us on **086 865 3311**. The service is **Free** and we **WANT** to help.



THE CRAFT CIRCLE meets 3rd Saturday every month in the Parish Centre from 10.00 am until 1.00pm. Work night— first Thursday of each month, 7.30pm - 9.30pm also in Parish Centre. You would be very welcome to come along and share your craft. For further information contact Pauline at 087 629 3744.



Do you know what you're entitled to? Employment, Health Services, Social Welfare, Tax or Housing.

Answers for all of life's questions. **Phone 076 107 7480**. (Malahide CIC, 2nd Floor Malahide Library Ph 845 0627)

Legal Session last Saturday of every month 10.30 am—12.30 pm

HARD OF HEARING?

If you use a Hearing Aid you can avail of the "Loop" anywhere in St. Anne's church. All you need to do is adjust your Hearing Aid settings according to your manufacturer's instructions



PORTMARNOCK CHESS CLUB

New players welcome. Adults meet at 8.30 pm every Thursday in Naomh Mearnóg GAA, Blackwood Lane. Juniors (from 6 years up) meet 7.30 pm. Contact Ken 086 337 3582.



CONTACT DETAILS

Society of St. Vincent de Paul
 91-92 Sean McDermott Street, Dublin 1.
 Tel. 855 0022; email: info@svp.ie

PORTMARNOCK COMMUNITY ASSOCIATION – PCA NEWS

Tidy Towns We have had a very dry month with only 8.00mm of rain (less than 1/3") since mid May. This means that the soil is very dry. Watering of plants that have been planted in the past few weeks is essential. Remember on a hot day the soil can lose 4 litres of water from a square metre. This means that you should apply 8 – 10 litres of water to a large planter and at least 2 litres to a small hanging basket. Stick your finger into the compost to check on the dampness of the compost. We now have 16 large planters in place all of which need watering. We hope to have four more in place in the next fortnight. We desperately need people to water. We will supply a watering can. The local shops and businesses will allow you to fill up on their premises so you will not have far to walk. Just give me a call.

Our newest flower bed is in Carrick Court. There is an excellent gardening group in the estate led by Tom Hickey. I was down there recently to see the planting operation. Well done to all involved. The herbaceous perennial plants struggle in the first summer but will come into their own in following years.

Our purchase of strimmers is bearing fruit. David Kelly has been hard at work clearing weeds and grass in Hazel Grove. He has, single handedly, cleared the paths down at the beach car park on Golf Links Rd. A request has been made recently to purchase a blower to clean up paths after planting and for clearing leaves in the Autumn. We have agreed to this. It will be available to any estate group from early July for cleaning up public areas.

The businesses in the main village area have again produced an excellent display of hanging baskets. All the shops are doing a great job to keep the flowers well-watered. In case you would like to buy some of the trailing plant with the white/pink/red flowers that are in their hanging baskets it is called Surfinia.

There is approximately 1/3 of the green on Heather Walk left uncut for most of the year. It receives one cut late in the autumn. It is tidy at all times. This has three benefits –

- It lowers the cost of grass cutting, uses less fossil fuel and frees up Parks staff for other work.

- It is of great environmental benefit as there are a wide range of wildflowers that can grow in long grass – it is great for biodiversity.

- It allows children to play in the long grass and is encouraged by Fingal Parks and the Tidy Towns organisers and judges. I wish to propose such an area for the green in Upper Carrickhill. There would be plenty of cut space for football and games. If anybody has any objections or is on favour of this strategy I would be happy to discuss the idea.

Bus Shelters I know it is the middle of the summer but now is the time to think about proposals for extra bus shelters throughout the area. I often feel guilty driving by bus stops in my car during the winter when I see a group of people waiting for a bus on a windy day with driving rain. Shelters should be put in place especially in windy areas near the sea. There is nothing worse than working all day in clothes that are damp. If you have ideas for locations for new bus shelters email me or leave a message on my phone. Ideally suggest locations where there is room for a shelter.

Traffic and Footpaths on Station Rd. We have had representations from residents who walk on this road regularly. One resident described how his children were frightened by a truck driver telling them to “get out of the way”. The truck was astride the footpath and the children were cowering in a gateway. Children in this area cannot walk to school and cannot be let out on the road. They are prisoners in their houses unless their parents “deliver” them out of this hazardous spot by car. It is unsatisfactory.

The residents of Coopers Wood and the new development opposite on Chapel Rd. Kinsealy should be able to walk to the DART Station. The only solution as far as I can see is to CPO c. 7 metres from the front gardens on Station Rd to widen the road by 2 – 3 metres and install a cycle lane /footpath. The residents should, of course receive adequate compensation and a high quality boundary.

We need to commence a campaign to benefit what is now a large community.

Airport Runway The DAA continues to complain in all sectors of the media and at the Transport Committee in Dáil Éireann. about the conditions imposed in the Bord Pleanála permission. It appears that primary legislation is required for any “progress” to occur from the DAA point of view. I have written to all our TDs and Councillors seeking their support to bring all Departments, State Agencies and Fingal County Council together to develop a grant programme to insulate homes for both energy saving and noise abatement. It would require a modification for the current grant programmes for energy saving and an enhanced grant to produce a package that would be of benefit to all householders under the flightpaths. It would be a waste of money to insulate for energy saving and then find that insulation was not suitable for noise abatement. I have already received support from a substantial number of Councillors and two TDs. We will await the replies of the other public representatives

Pat Suttle

Email: pat@ksagronomy.ie

Mobile: 087-2486287

Contacting the PCA: If you wish to contact the PCA on any issues in our community or volunteer for any of our committees why not call us 087 248 6287 (leave a message) or email portmarnock1@gmail.com. You can visit our website/Facebook at www.portmarnock.org

FINGAL MATTERS

Traffic Calming and Speed Measures

A number of changes are planned to traffic management and speed limits in Portmarnock and the wider area. The Council has decided to go to public consultation on installation of **Carrickhill Road** Speed cushions over the summer. The Council had previously indicated that a chicane was being considered; however it has indicated that the road is more suited to speed cushions.

The following roads have also been proposed to be added to the 30kph speed limit zones;

The Old Golfs Links Road, Blackberry Lane, Carrickhill Drive, Blackberry Rise, The Dunes, Strandmill Road, Strandmill Park, Strandmill Avenue, Carrick Court, Suncroft Avenue, St Brigid's, St Anne's, St. Marnock's Avenue, St. Patrick's Avenue.

Local Enterprise office Fingal

The Fingal Local Enterprise Office is the first point of call for anyone starting or growing a business in Fingal.

<https://www.localenterprise.ie/Fingal/Welcome-to-Local-Enterprise-Office-Fingal.html>.

Twelve people completed a LEO Fingal Start Your Own Business course in May. Another is currently underway, with two further courses to commence in late June. To date, 72 people have participated in LEO Fingal SYOB courses in 2018. In June, five Business Development Workshops were delivered to 48 participants. In total, 203 clients have attended 20 workshops during the first five months of 2018. A new iteration of the six-week QQI Cert in Social Media and Digital Marketing commenced in May with 8 participants enrolled. The Leo also runs and provides access to many different business courses including Lean methodologies, Business clinics and other training and funding opportunities.

Social Housing Needs Assessment 2018

The Assessment of Housing Needs for 2018 is underway. Fingal County Council has written to eligible applicants who have applied for housing prior to the 20th of April 2017 to re assess their housing requirements and eligibility for social housing. Households which were assessed and qualified for housing support, since April 20, 2017 do not need to be reviewed. A further letter will issue shortly to those applicants who have not yet responded, and failure to respond to this second communication may result in applicants being removed from the housing list.

It is proposed to issue Housing List Position notifications following the completion of the Housing Needs Assessment 2018. Applicants can expect to receive details of their List positions in autumn 2018. Anyone who is in need of social housing or on the Council list should contact the Council to ensure they are maintained on the list.

Car Sharing Expansion

The Pilot car sharing scheme in Fingal is being expanded to include Portmarnock and Malahide. The launch took place in Swords main street, where two GoCars are now available, along with 4 other locations in Malahide, Skerries and Portmarnock. The expansion is in response to the success of the pilot car-sharing scheme in Dublin 15, launched in 2017, which led to increased demand from local residents and businesses for the scheme which is designed to be an economical, convenient and sustainable alternative to car ownership for some citizens. The Portmarnock GoCar location will be on Strand Road, with a second location to be decided. The Bridgefield car park is where the Malahide GoCar site will be located.

Diary Dates

	DATE	DETAILS	Page
JUL	Fri 27	Comhaltas Trad Concert and BBQ	6
AUG	Mon 13	Last day to begin 3 day Pilgrimage in Lough Derg	5
	Tues 21	Lions Club Golf Classic	6
	Sunday 26	Pope's visit to Park	3
SEP	Tues 11	Parent and Toddler Group reopens	7

Faith for Life

Faith for Life is an adult faith course designed to help you to discover more energising and empowering ways to live out your faith in the reality of today's world through relationships, family, home, workplaces and the events of daily life. It aims to help you to be more active, open, faithful, confident, trusting and willing to work for change. The Faith for Life course is experienced as a journey of four 'Movements' inviting you to explore the call you received in Baptism. The process for each weekend includes teaching, personal and group reflection, prayer and liturgy. The course is run over four weekends: 6/7 October 2018, 17/18 November 2018, 12/13 January 2019 and 23/24 February 2019. To apply, please contact the Office for Evangelisation and Ecumenism at evangelisation@dublindiocese.ie This course has been designed and is delivered through a partnership agreement between the Archdioceses of Dublin and Liverpool. Upon completion, participants will be awarded a Certificate of Achievement.



Volunteer

Did you know...
Just a few hours of your time each week can really make a difference in someone else's life

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For more information, visit aware.ie/volunteering or call 01 - 661 7211



Aware is the national organisation providing support, education and information services for those impacted by depression, bipolar disorder and other mood related conditions

Contact Us
9 Leeson Street Upper, Dublin 4 | www.aware.ie | 01 661 7211 | info@aware.ie



Box Ads per issue: 1 box €40
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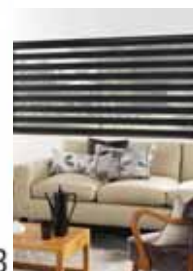
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Dr Deirdre Barrett and the whole dental team are delighted to welcome home Dr Margaret Blessing from America.

Margaret will be available for appointments from July 2018.

The Practice has recently been renovated and updated.

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Have a wonderful, happy and healthy summer.

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CHILDMINDER WANTED FOR SEPTEMBER 2018. TWO BOYS AGED 3 AND 5 YEARS. MONDAY TO THURSDAY 8AM – 4PM INCLUDING SCHOOL RUNS. PHONE KAREN 086 859 7001.

DATA PROTECTION

CHANGE IN METHOD OF ISSUING OF BAPTISM AND/OR CONFIRMATION CERTIFICATES IN THE FUTURE

Due to the changes in Data protection laws which have been introduced at the end of May it will be necessary to carry out the following procedure when a person requires a copy of their Baptismal and/or Confirmation Certificate.

1. If you come to the Parish Office to order your own Baptism and/or Confirmation Certificates you will need to complete an application form and provide photographic I.D.
2. If you want to arrange for someone other than yourself to collect the certificate you must give them an application form signed by you. The person collecting the certificate must provide photographic I.D.
3. If you apply by email for a certificate you must provide photographic identification online.
4. If you are a parent/guardian applying for Baptism/Confirmation certificates for your child you will need to supply photographic I.D. (in the Parish Office or online).
5. It is hoped to have application forms on our website shortly to facilitate the ordering of certificates.



Our Parishes Working Together

TEAM MINISTRY OF MALAHIDE-KINSEALY- YELLOW WALLS-PORTMARNOCK

PORTMARNOCK: St. Anne's Church, Strand Road, Portmarnock. Parish Office—846 1561.

Fr. John Murphy, Co-PP Fr. John is on sick leave at present
Fr. Conleth Meehan, Co-PP contact through the Parish Office 846 1561

MALAHIDE: St. Sylvester's Church, Main Street, Malahide. Parish Office—Phone 845 1244.

Moderator: Fr. Kevin Moore, address as above. P 549 6615.

YELLOW WALLS: Church of the Sacred Heart, Estuary Road, Malahide. Parish Office—Phone 845 4783

Fr. Martin Noone, The Parochial House, 7 Seabury Drive, Malahide. - 845 1902.

KINSEALY: St. Nicholas of Myra, Kinsealy. Ph 846 0028.

Fr. Mattie O'Farrell, Co-PP "Aghadoe" Kinsaley Lane, Malahide, P. 846 1767.

BAPTISMS

Congratulations to the families of the following babies who were baptised recently

Conor Patrick Duggan, Albuquerque, USA

Kate Alice Dunne, Dal Riada

Thao My Kate Graham, Carrickhill Rise

Cian Thomas O'Brien, Dal Riada

Ben Reilly Richardson, Briar Walk

Sophie Lisa Walsh, Carrickhill Rise

Sean Eoin Fennessy, Portmarnock Drive

Skylar Rose Foley-Mara, Carrickhill Drive

Jasmine Ann Kavanagh, The Drive, St. Marnock's Bay

Saoirse Siobhan O'Connor, The Lawn, St. Marnock's Bay

Charlie Gary Connon O'Daly, Christchurch, New Zealand

DATA PROTECTION

A new European Data Protection law, the General Data Protection Regulation ("GDPR"), was introduced on 25 May 2018.

This new law applies to any organisation, including our parish that manages and processes people's personal information. We are now working on ways of ensuring that what we do with your information is compliant with this new law. It is a work in progress and over the next few months we will keep you informed through the parish website and in the newsletter as policies are put in place.

If you have any questions about this please do not hesitate to contact the parish office.

MY TO-DO LIST FOR TODAY

-count my blessings

-practice kindness

-let go of what I can't control

-listen to my heart

-be productive yet calm

-just breathe

itsalove4life.com



PARISH INFORMATION

Saint Anne's Church & Parish Centre,
Strand Road, Portmarnock,
Co. Dublin. Phone 846 1561
email: stannes@portmarnockparish.ie
www.portmarnockparish.ie

Parish Office (in Parish Centre) Open 9.00 am to 5pm, Mon to Fri. Signed Mass cards (including Irish text) available, arrange baptisms, get baptism/confirmation certificates, Freedom to Marry forms, book rooms in Parish Centre etc.
Parish Secretaries Margaret Corcoran & Gabrielle Moore.

Anniversary Masses: All weekend Masses are 'shared'. Call or phone the Parish Office to book Masses.

Confessions Saturdays after 6.30 pm Mass.

Baptisms are held on the 1st Saturday at 12.00 noon and the 3rd Sunday at 1.30 pm. Preparation Meeting for parents and godparents held usually on last Wednesday of each month in Parish Centre. See more details on web-site or contact Parish Office.

Marriage - please see website for important information on church and state requirements or contact Parish Office.

750 CLUB RESULTS

May 2018

1st Prize €1,000 Ticket No. 183, Sinead Quinn, Carrick Court
Seller: Mary O'Connor

2nd Prize €500 Ticket No. 224, Catherine Rowley, Carrick Court

3rd Prize €250 Ticket No. 489, Francesca & Eddie Power, Wheatfield Rd

4th Prize €250 Ticket No. 589, Nicola Crookes, The Dunes



ADORATION OF THE BLESSED SACRAMENT

Shalom Room—St. Anne's Parish Centre, Portmarnock

FOR MONTHS OF JULY AND AUGUST 2018

DAYTIME

MON TO FRI 9.00 am-4.50 pm

EVENING

Evening adoration suspended for July and August and Saturdays as Parish Centre will be closed

KINSEALY: Adoration Mon mornings after 10.00 am Mass to 1pm

OTHER DEVOTIONS

FRIDAYS: First Fridays Healing Mass **10.00 am** in KINSEALY

LAST FRIDAY OF EACH MONTH

St. Pio Devotions

7.00 pm in St. Anne's Church (Mass commences at 7.30 pm).



At time of going to press the facility for the automatic opening of the doors at and between the Parish Centre/Church was being installed. The 'buttons' as shown - when pressed - will enable the doors to open automatically.

St. Anne's Parish, Portmarnock Mission Statement

To create a parish in Portmarnock where people treat each other with love and compassion and work together to build up a dynamic Christian community characterised by faith, mission, worship and service.